7 Fast and Easy Organic Recipes

ARTICLE

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Published September 13, 2022

Check out these 7 fast and easy organic recipes you can make with ready-to-heat grains.

When your schedule is hectic, finding time to make healthy, balanced meals can seem impossible. But with ready-to-heat grains, you can embrace healthy living for real life with organic meals full of flavor *and* nutritious ingredients. Try one of these 30-minute meals today.

EASY ORGANIC MEALS IN 30 MINUTES OR LESS

Mediterranean Walking Buddha Bowl
Basmati Tabbouleh Salad
Easy Vegetable Fried Rice
Savory Baby Bok Choy with Quinoa and Brown Rice
Autumn Vegetable and Grain Sautè
Eggnog Breakfast Porridge
Seven Grain Salad with Fresh Herbs and Italian Vinaigrette

Start gardening now

Is a Flexitarian Diet Right for You?

Find out how adopting a flexitarian diet can be a practical and long-term way to embrace healthy eating for real life.

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Composting Simplified

Discover how to make nutrient-rich soil for free with natural materials you have around your garden.

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Growing Healthy Seedlings Indoors

Follow these simple tips on how to grow a garden from seeds to increase your chances of success.

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Direct Seeding and Transplanting

Get step-by-step instructions on how to transplant your starts or direct seed to the garden.

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https://www.seedsofchange.com/articles-and-videos/7-fast-and-easy-organic-recipes